



## Tips on Buns

Students with medium to long hair must wear a bun (as described below) to every class (Musical theatre and Hip Hop excepted). Students with chin length or shorter hair must secure hair with clips and or/elastics for every class.

Hair nets, bobby pins, hair elastics, and circular zigzag combs/headbands or bandeaus can be purchased at any drug or department store where hair accessories are sold. It is recommended that students carry extra bun supplies in their dance bag.

Bun Kits may be purchased from the office for \$2.00 per kit.

- 1) Dampen hair with a spray bottle (water). Brush hair back from face, with a fine tooth comb or boar hair brush for best results.
- 2) For students with bangs, insert a circular comb/headband at the forehead, slide towards crown to catch all small wisps, etc. The comb will pull bangs back as you push it into place.
- 3) Brush hair into a ponytail and secure with a hair elastic.
- 4) Twist hair around elastic. As you are twisting hair, secure with bobby pins. Ensure that bobby pins are going through the center of the elastic. There should be a minimum of 10 bobby pins used.
- 5) Shake head vigorously. If the bun moves or there are any wisps, continue to secure with bobby pins until the bun is completely secure.
- 6) Place a hair net over the bun. Twist and pull hair net until there are 3 to 4 layers of netting over the bun.

\*\*\*For younger dancers, allow enough time prior to class to attempt a bun. It takes practice!! If you require assistance to not hesitate to come to the office prior to class for direction or a demonstration.\*\*\*